BEHOLD!! SMYRNA

May 2024



Dear Smyrna Folks,

Some of you have noticed that I'm limping around a bit these days. I got a referral to a physical therapist in a melodramatic mood, pretty convinced that he was going to suggest at least knee replacement and probably full amputation of my left side. PT Colton did quite a few tests on my knee and then announced that I was "irritated but not injured." He prescribed stretches and heat and strengthening exercises, which I have been doing more or less faithfully. I definitely AM irritated (in more than one way!) to have to slow down to a pace that suits my left foot/knee/hip/whatever-is-tweaked-at-the-moment.

Colton's diagnosis made me think, though, of how often in life I imagined my social and emotional "irritations" to be "injuries." When I hear a passing negative or critical comment, my mind can easily expand that comment — only a small irritant on first hearing — to be a full injury that requires days of mournful consideration. What about you? Have you ever been more irritated than injured, and find yourself wincing in pain long after the first twinge has passed?

In the contentious campaign days to come, I'm guessing we'll hear about lots of irritants that are being passed off as injuries. The problem is, when we imagine a small slight is really a greater attack, it can cause us to ignore real injuries when they occur. If we imagine each irritation is an injury, it can make us too distracted, too upset or just plain too tired to deal with the obvious injuries that are right in front of us. When we can focus on the real problem, it makes the healing go - if not fast enough - at least more smoothly. At least, that's what I'm hoping will happen with my knee. I'll let you know!

Be in touch, Blessings, Jennifer

> Ministers: All members of the church Interim Minister: Rev. Jennifer Garrison

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Installation of Pastor Jennifer Garrison Sunday, May 5, 3:00 pm

Followed by

It is my great joy and honor to celebrate our mutual ministry on May 5. Thanks to all of those who are working diligently behind the scenes to assure that this is a very festive day.

Warmly, Pastor Jennifer Garrison

Smyrna Peace Village — NEW DATES

June 17-21, 9:30-12:30 for kids K-6th grade.

Activities, community-building and real life solutions

for how kids can create peace at their communities, in the home, and in their own hearts.

Peace Village is our gift to the community. Your donation of \$10 per child per week will help with supplies. Register by emailing:

office@smynraucc.org with your child's name and ages.



May Worship

May 5

11 am Pastor Jennifer Preaching Focus Scripture: 1 Corinthians 13:1-13

3 pm Pastor Jennifer Installation

May 12

11 am Pastor Jennifer Preaching

Focus Scripture: Psalm 1

May 19 Pentecost

11 am Pastor Jennifer Preaching Focus Scripture: Acts 2: 1-21

May 26 Trinity Sunday 11 amGuest Preacher TBA

Smyrna Scholarship Program Established in Memory of Glenda Yoder Sano

Purpose:

The Smyrna Scholarship pro-

gram is designed to provide financial assistance to students who are members of the Smyrna Church family who are or will be enrolled in any accredited college, university, technical, or trade school.

Scholarshi

Scholarship Award:

Selection of award recipients will be made through a scholarship selection committee chosen by Smyrna Church. The committee will have the responsibility for the amount and number of awards which will be determined from written applications and from personal interviews, if requested.

For students enrolled less than full time, the committee will determine the amount of the scholarship based on the amount of class hours enrolled.

Eligibility Requirements:

Applicant must be a current or recently graduated high school senior or in a certified program of continuing education making satisfactory progress. Also, the applicant must be an active participant in Smyrna UCC and a member of the Smyrna UCC family.

Application Procedure:

- Complete all the information required and staple together.
- Submit in person to Sheila Daniels, or
- mail to: 5588 S Reatha Ct., Hubbard, OR 97032, no later than May 15th, 2024. If you have questions, please call Sheila at: 503-651-2450

Memorial Day Cemetery Dedication May 29, at 12 noon

Whether or not you have a loved one interred in our cemetery, you are invited to join in a Memorial Day dedication and old-fashioned decoration day service.

The cemetery is an important part of our outreach and relationship with the community.

We'll be outdoors, rain or shine so come dressed for the weather.





We received the sad news Saturday April 27, that Audrey Yoder passed away suddenly during the night, of an apparent heart attack. Audrey's warm kindness and loving spirit were a gift to every person she encountered, and she will be sorely missed.

Please hold her closest loved ones, especially Paul and children Laura and Ryan in your most tender prayers these next few days.

We will have more information about final arrangements after the family has had a chance to gather.

What to do if You've Burned Yourself with

Scalding Water

Do not use ice. This can cause even more damage to the skin.

Put the burned area under the faucet and run cold water over it.

You can also put cold water in a bowl and submerge the burned area.

Apply a burn gel (there are specific products made to apply to burns, one example of which is Neosporin Burn Relief Ointment).

Go to the emergency room if:

- ⇒ you have severe pain even after using the cold water treatment
- ⇒ the burn extends over a wide area
- ⇒ the burn causes blisters
- ⇒ it is on your hands, face, or genital area.

Watch for the appearance of pus or redness around the burn area, which could be a sign of infection. See a doctor if this happens.

You can use any over-the-counter pain reliever.

Book Review

Jodi Picoult's new novel, "Small Great Things" forces the reader to evaluate their thoughts and opinions on basic situations. It is a heartwrenching story of hate, racism and honesty. It takes us from the highs



of new birth to the lows of loss of fellowship and community. It demonstrates how easy it can be to buy into **someone else's values.** We know that many people face this type of situation on a regular basis.

The book is intense and kept my interest. Through all the highs and lows I found myself asking "What would I do?"

- Barbara Daniels-



- All who have participated in our Tuesday afternoon Bonhoeffer discussions. Your presence has enriched and enlivened our time together.
- Thank you to Joel Daniels for your lively history of the Smyrna church on April 14.
- Thank you to all who participated in the road cleanup on April 27.
- Thank you to all who gave so generously during the spring days of giving.
- Thank you to women's fellowship for a generous scholarship, allowing Pastor Jennifer to attend the Glen Workshop in Seattle the last week of July, 2024. More info can be found here: https://imagejournal.org/2024-the-glen-workshop.

LONELY? Medical issues? Need Help?

Please visit the Smyrna Resource page. On Smyrna's website, www.smyrnaucc.org, just click the Resource tab







Many thanks to the 13 church members who participated in the April Road Cleanup:
Pastor Jennifer, Ginger Redlinger, Sue and Al Connick, Janet Farrell, Barbra Daniels, Levonne, Rick and Mark Gano, David and Ann Clites, Pat Bryant, and Carl Menkel.
With the reduction in our road responsibility (Barnards to Highway 211) this year, the process was quicker and easier. We also dodged the rain.

Rick Gano





May 2024 at Smyrna Tuesday Wednesday Monday Thursday Friday Saturday Sunday 3 4 Apr 2024 Jun 2024 T W T T W T M M 3 9 2 10 11 12 13 3 5 6 15 16 17 18 19 20 10 11 12 13 14 21 22 23 24 25 26 16 17 18 19 20 21 29 30 24 25 26 27 28 23 30 5 8 10 11 9 11 am Pastor Jennifer Preaching b.d. Cheryl 7 pmAA/AO 2 pmTuesday 12:00 PM b.d. Jeff Focus Scripture: 1 Corinthians Sano-Kirkele Coffee (and Women's Hammock 13:1-13 Prayer) Break Fellowship Nancy Luncheon **Bryant** 3-5 pm Pastor Jennifer Garrison's Memorial Service Installation at Smyrna b d Mark for Audrev Yoder, 10:00 Gano b.d. Isabella Rigg 15 16 13 17 18 12 14 11 am Pastor Jennifer 2 pmTuesday 7:00 PM b.d. Lauren b.d. Lincoln 7 pmAA/AO Preaching Coffee (and Church Humphreys Bangs Focus Scripture: Psalm 1 Prayer) Break Council Mtg Wedding on Zoom Ann. John & b.d. Judy Burbank, Bernadette Florence Yoder, Florence Pease Pease 21 25 23 19 20 24 22 11 am Pentecost Service. 7 pmAA/AO 2 pmTuesday b.d. Linda b.d. John Pastor Jennifer preaching. Coffee (and Dunn Patterson. Focus Scripture: Acts 2: 1-21 Prayer) Break Ron Lindland b.d. Sherry Skiles b.d. Colton Fisher 27 28 30 31 26 29 7 pmAA/AO b.d. Dan 11 am Trinity Sunday Service 2 pmTuesday b.d. Sydney Guest Preacher TBA Coffee (and Humphreys Allee Prayer) Break b.d. Louise Allee 12 Noon Memorial Day Cemetery Dedication

Smyrna Scholarship Program Application 2024

Name
Phone
Address
G.P.A
S.A.T./A.C.T
High school and/or post high school attended or presently attending:
School or institute you are planning to attend:
Have you been accepted?
Intended course of study, if known

Attach the following:

- 1. A one-page autobiography. Tell about yourself and your family, your interests, hobbies, etc.
- 2. A record of your extra-curricular achievements including your active participation during the past year in the life of Smyrna UCC (Examples would be Participated or assisted with the worship, Sunday School, grounds cleanup, Strawberry Social, Chili Cook-off, Octoberfest, Peace Camp, etc.).
- 3. A statement of your goals and aspirations.
- 4. List any financial assistance or awards you have already received for the upcoming year.

Submit in person to Sheila Daniels, or mail to: 5588 S Reatha

Ct. Hubbard, OR. 97032, no later than

May 15th, 2024. If you have questions, please call Sheila at:

503-651-2450.

Awarding the Scholarship: It is the recipient's responsibility to provide verification of high school graduation or post high school continued education depending on the circumstance. This verification must be from a certified program and must include the registrar's copy of enrolled classes along with their student identification number. The recipient will provide this documentation to the Smyrna UCC treasurer.

The award then will be drafted in the form of a check made out to the recipient's account at the institution, college or university in which you are enrolled. Termination of the student's school program will result in the cancellation of the award.

No matter who you are, or where you are on life's journey, we welcome you.







- Paul and Mary Ashton
- Pat Bullard
- Beryl and Dan Fisher
- Genevieve Freeman
- The Holt family
- Jeannie Rogers' brothers Steven and John
- Virginia Yoder
- Robin Alexander
- Ginger Redlinger
- Janet Bess Farrell
- Linda Dunn and Barbara Daniels
- Rick and Levonne Gano
- Anne Stronko and Roger Marin
- Paulette Eyman
- Ethel Henderson
- Paul Yoder and Family

Mission Statement

Smyrna United Church of Christ is striving to be:

- •A place of peace, where we offer to all an extravagant welcome wherever you are in your life journey regardless of your ethnicity, marital status, religion, gender, race, age, disability, national origin, or sexual orientation, and where we teach the stories of God's love and call on our lives.
- •A spiritual haven, where we accept and care for all people and God's creation in an outreach of grace.
- •A lighthouse of God's compassion, where worship, teaching, learning and spiritual growth take place in community, powered by thought and action.
- •A Christian people, working for God's realm in ecumenical harmony with other people of faith and conviction.