

BEHOLD!!

Smyrna

A Newsletter of Smyrna United Church of Christ

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No matter who you are,
or where you are on life's journey,
you are welcome here.

September 2017

Dear Friends,

As I write this, there are fewer than 24 hours until the eclipse, and I have to admit, I am really excited. I have never seen a solar eclipse before, and we are all so lucky to live in (or very near) the path of totality. I am trying to guess what it is like, based on other people's stories and experiences of having gone through that.

In a way, it seems that looking forward to such an experience is a bit like life in other ways. Other people can tell us about their personal or spiritual experiences but until we go through something similar, we don't really know exactly what it is like. Yet when we listen to the stories of others, we can learn so much that informs us when we DO go through something similar.

I have been touched by the stories of Genesis we have read as part of the lectionary this month – Jacob wrestling with the angel through the long dark night of the soul. Asher having to decide whether he was going to stand up for his brother, Joseph, who was sold into slavery. Abraham, who had sons with his slave, Hagar, and his wife, Sarah and making choices that would affect generations.

We, too, wrestle with hard issues, and need to decide what to do, what to stand for, how to proceed. Some of the experiences are new to us and seem utterly overwhelming. Yet God always breaks through to us and there is light at the end of the tunnel. The light may come in the form of healing, new insight, new hope, or in some cases, a well-earned rest at the end of a life well lived. There is always wonder and awe when one is in the presence of the living God.

May the wonder, awe, and transcendence that we all experienced this week stay with us and bless us all, in the coming days, and always. Thanks be to God!

In Christian love,
Pastor Deb



Confirmation will resume on Friday, September 8th from 4:30 to 6:00 pm, and will meet on the second Friday of each month from September through May. Confirmation Sunday will be Sunday, May 20th, 2018 (Pentecost Sunday).

Adult Education will begin again on September 10. Here are the topics for September:

1. **September 10th** – A Look at Race and Its Impact on our Lives
2. **September 17th** – Sue Bender: Everyday Mystic
3. **September 24th** – Report from the UCC Annual Conference and Meeting



- ⇒ **11 am Worship Services** begin again September 3
- ⇒ **Coffee and Friends** continues to meet on the 1st, 3rd, and 5th Tuesdays of each month from 2-3:30 pm.
- ⇒ **The Health Committee** will meet at 3:30 pm on the 1st Tuesday of each month

- ⇒ **Church Council** will meet on the 2nd Tuesday of each month from 7:00-8:30 pm in the Church Library.
- ⇒ **Smyrna UCC Book Club** starts up again during Coffee Hour on September 10.
- ⇒ **Aging Backwards** resumes at 9:30 am on Monday, September 11 .
- ⇒ **Tai Chi** meets at 9:30 am. On Wednesdays and Saturdays
- ⇒ **Stitch Club** meets on Tuesday, September 5 at 1:00 pm at Linda Dunn's house.
- ⇒ **Memory Café** meets Friday, September 8th from noon to 1:30 pm. We will have a "Welcome Back Celebration" and put together personal goals for the year ahead.
- ⇒ **Women's Fellowship Luncheons** resume on Thursday, September 28st at noon.
- ⇒ **Mustard Seed Parenting Group** – Kicks off their Fall meetings at 6 pm, September 19.
- ⇒ **Namaste Café Prayer Group** continues to meet on the 4th Tuesday of each month at 6 pm

Poutine Booth at Ofest in Mt Angel

September 13, 2017, Smyrna will once again move their Poutine Booth to Mt Angel to begin the four day event of Oktoberfest. We are very excited to begin selling french fries topped with cheese curds and gravy. The booth will be open every day beginning Thursday, September 14th through Sunday, September 17th. If you are interested in helping out in the booth, please contact Barbara Daniels or if you would rather come and enjoy **Poutine**, we will be located outside **Bochsler's Hardware** store across the street from the Dairy Wives ice cream booth on Charles Street.



Fun for all!

Through out the month of September there will be puzzles out on the long tables in the Friendship Hall for anyone willing to solve them together. Come join in the fun of playfulness and get to know new faces as you work together to make something beautiful and whole out of chaos.

Smyrna Christian Nurture is hosting a family game night at Smyrna UCC on the last Thursday night in September, the 28, from 5 to 7 pm.

We invite you to bring a potluck dish to share, your own table service, and your favorite board game.



GAME NIGHT

All Ages Are Welcome, the more the merrier — so bring a friend or two along for the evening. I can't wait to see you there!

If you have any questions please call Rebekah Yoder at 503-504-0693, or you can email her at Rebmy75@gmail.com .

Mission Needs:



- ◆ **School Supplies:** We are collecting school supplies to help the children in the Canby and Molalla School Districts.
- ◆ **Filling the Ark:** Thank you to all who have helped with this life-transforming project. Check out the table to see the wonderful animals available for purchase, and continue to save your change. Thank you!



- ◆ **Cookware Needed:** Please bring new or gently used cookware to share with those who are moving from homeless shelters into new apartments – Kristin Wishon will deliver .

Blood Pressure

Screenings will take place every 4th Sunday after church. Thank you to Jane Dahl of the Health Committee for making this possible.





Congratulations, Cole Dunn (Linda Dunn's grandson)

Linda's grandson graduated from Stayton High School this past June and also achieved the rank of Eagle Scout. His eagle scout project consisted of commemorating service veterans and fire fighters with statues.

To fund the project he raised over \$12,000 in addition to getting suppliers to donate material. When his Scout Master received word of Cole's project, the Scout Master was asked by his superiors if Cole was up to the task. The Scout Master said of all the young men, Cole would be the one to take on and finish such a large project. The statue stands at the Lyons Fire Hall where Cole is also a member of the Lyons Fire Department.

Smyrna UCC Book Club will resume this September, meeting in the library on the 10th of September during coffee hour. Our first book will be *Oh My Stars*, by Lorna Landvick. We will begin reading after our September 10th meeting, so we have time to regroup and catch up while we all find our copies of the book.

<https://www.amazon.com/Oh-My-Stars-Lorna-Landvik/dp/0345468368>

"Tall, slender Violet Mathers is growing up in the Great Depression, which could just as well define her state of mind. Abandoned by her mother as a child, mistreated by her father, and teased by her schoolmates ("Hey, Olive Oyl, where's Popeye?"), the lonely girl finds solace in artistic pursuits. Only when she's hired by the town's sole feminist to work the night shift in the local thread factory does Violet come into her name, and bloom. Accepted by her co-workers, the teenager enters the happiest phase of her life, until a terrible accident causes her to retreat once again into her lonely shell.

Realizing that she has only one clear choice, Violet boards a bus heading west to California. But when the bus crashes in North Dakota, it seems that Fate is having another cruel laugh at Violet's expense. This time though, Violet laughs back. She and her fellow passengers are rescued by two men: Austin Sykes, whom Violet is certain is the blackest man to ever set foot on the North Dakota prairie, and Kjel Hedstrom, who inspires feelings Violet never before has felt. Kjel and Austin are musicians whose sound is like no other, and with pluck, verve, and wit, Violet becomes part of their quest to make a new kind of music together."

If you have any questions, please call Rebekah Yoder at 503-504-0693, or email at Rebmy75@gmail.com

24 Months to

When disaster strikes, what should you do? You could move away from the Northwest, but that would just allow more Californians to move in. You could build an apocalypse



vault and fill it with dried elk meat, but who has the time? You could curl up into a ball, close your eyes and plug your ears, but you're smarter than that. There's a sensible, cost-effective way to prepare. It involves taking things one step at a time over the course of a year. Breaking down tasks and shopping lists will make the work manageable and help you avoid overwhelming your schedule and your bank account. With the help of disaster preparation experts, we've crafted a month-by-month guide to get you fully prepped with the basics by this time next year.

Month 4 —

HARDWARE STORE:

- Signal Flare
- Compass
- Work Gloves
- Safety Glasses
- Disposable dust masks
- Bike patch kit and hand pump
- Waterproof container for important papers

TO DO:

- Share copies of the following with family and network: emergency info list, medical info, disability related supplies and personal disaster plan
- Review insurance coverage. Obtain additional coverage if needed.

"One of our very important and wonderful 8th Grade Graduates was inadvertently left off the list of graduates included here last month. Please join us in congratulating Anna Maurer, who will be starting High School shortly!! Wishing this outstanding young woman, and all those starting new school years, all the best. Blessings to all!"

General Fund Finance Report:

June 30 Balance on hand	\$2,572.77
Receipts	6,068.55
Expenses	(8,894.76)
July 31 Balance	\$(253.44)



W O M E N ' S R E T R E A T

Mark your calendars now for this year's Women's Retreat at Camp Adams, October 6-8, 2017!

"Rise Up: A Woman's Guide to Shining Your Light in Dark Times"

This October, women from around the Central Pacific Conference will gather at Camp Adams in Molalla for a 2 night camp experience exploring the intersection between spirituality and shining light into the dark times in which we live.

We will focus on the courageous women of Palestine as a model for using our gifts to Rise Up with beauty and truth in the midst of oppressive realities. The women of the YWCA of Palestine are using their traditional craft of intricate embroidery in creative new ways to raise money for programs supporting their struggle for full human rights as they live under military occupation.

In this country, we face the reality that racism, homophobia, sexism, and anti-immigrant bias have resurfaced in our nation and are condoned even in the highest levels of our government. How are we as women of faith responding? What can we learn from the women of Palestine and how can we be in solidarity with them?

Our resource leaders are Rev. Jean Doane and Marcia Gilliland. Jean and Marcia both serve on the CPC Wider Church Ministries Team and the Central Pacific Conference Palestine-Israel Network (CPC-PIN).

Jean has recently been reappointed to the Common Global Ministries Board of Directors. Marcia has made several trips to Palestine where she works directly with the YWCA of Palestine on creating and marketing new products incorporating traditional crafts.

Jean brings skills in worship, prayer, and meditation leadership to help deepen our faith as we consider our roles as justice seekers and light bearers.

The week-end begins with dinner on Friday and concludes after brunch on Sunday. Camp registration is due October 1, 2017. The fee for the entire week-end is \$105.00. There is a nonrefundable registration fee of \$65.00. The balance of \$40.00 is to be paid upon arrival at camp. Checks are to be made payable to United Church of Christ Woman and mailed to Nancy Klingeman, registrar at 3225 N.W. Elmwood Drive, Corvallis, OR 97330.

Please include your name, complete address, phone number, e-mail, and the name of your home church. Those wishing financial aid may request an application for a Rev. Anne Smith Educational Fund Grant. Your church office should have the application form. If not, please contact Deana Mason at deemason@aol.com or 503-255-7450. Completed forms should be sent to Deana at 9020 S.E. Market St, Portland, OR 97216 by September 15.

We hope to see you at Camp Adams Oct. 6-8 as we refresh our souls and renew our commitment to "do justice, love kindness, and walk humbly with God." Micah 6:8

Mustard Seed Parent Support



may not have met formally this Summer but they participated in the Molalla Kiddies Parade over Independence Day weekend, all the children that participated actually placed winning ribbons and we have decided this amazing event will be an annual tradition.

The group enjoyed the Molalla Train Park

for a picnic in the grove, afterwards we rode the rails and enjoyed sno-cones as a group.

We celebrated the Molalla Community and children safety at National Night Out at Fox Park. The children were fitted for helmets, got to race on bikes with the fire department, talked to our very own Sheila Imdieke-Shultz who gave the kiddos balloons and a tour of a

school bus. The library gave each child a book and band-aids too.

We enjoyed Smyrna's Camp Adams Sunday where many families stayed for a Potluck and swim in Nate Creek.

With the addition of three new babies since the Spring-time we are expanding always and want to extend the invitation to ALL care-givers to attend our meetings the 1st and 3rd Tuesdays of the month from 6-8PM where dinner is always provided!



We invite you all to our Fall Kick-off on 9/19 at 6PM here at Smyrna in the Friendship House—

we will be grilling and talking about our 2017-18 year. Please keep in mind our group is UN-LIKE any in the area... we invite primary care-givers and their children to the 1st Tuesday of the month meeting and invite them to bring their support system (whatever that may look like) to the 3rd Tuesday of the month meeting to join them and their children.

2017 Year Calendar:

9/19 Kick-off

10/3

10/17

11/7

11/21

12/5

12/19- no meeting Christmas break



Smyrna Peacemakers 2017



Smyrna Campers: Rhiannon Coleman, Brighten Ellis, Bridget Ellis, Braelyn Ellis, Brooke Ellis, Abbie Ericksen, Brayden Ericksen, Gavin Ericksen, Kazlynn Fillis, Alexander Maurer, Bridgit Millerin, Kayden Noe, Cooper Pease, Julian Pease, Nicholas Sano, Addyson Simmons, Alexandria Simmons, and Tyler Wimmer.



Middle School Assistants: Lulu Anderson, Spencer Chapin, Anna Maurer, and Emily Yoder.

It takes many folks working together to make a camp like this happen. Thanks to the following:

- Our speakers, Rev. Adam Ericksen from Lake Oswego UCC, Ione Jensen with Namaste Café at Smyrna UCC and Gary and Nancy Spanovich from the Educating for Peace Program of the Wholistic Peace Institute in Portland.
- Sheila Daniels and Rebekah Yoder for teaching the curricula on conflict resolution and media literacy and to all who helped with today's celebration.
- Mary Namit for the design of the t-shirts and bringing animal guests.
- Amber Enfield for putting together the art projects, with assistance from Jeannie Rogers, Heather Anderson, Audrey Yoder, and Sharon Ellis.



- Kristin Wishon and Deb Patterson for coordinating music, and Joel Daniels for accompaniment.
- Virgil Foster for leading Tai Chi.
- Barbara Daniels and Diane Potter for coordinating snacks, and all those who brought snacks to share, including Elaine



Daniels, Tom Daniels, Linda Dunn, Paulette Eyman, Christine Foster, Rick and Levonne Gano, Angie Maurer, Barbara Menkel, Leonard Sano, and Virginia Yoder.

- Florence Pease and Liz Chapin, for helping in many ways, including with sign-in and sign-out, and to Sophia Patterson for her assistance.
- And thanks to all the others whose contributions made this camp possible!



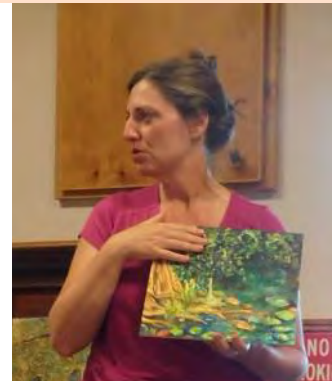
21 (New) Ways to Create Peace



1. **Eclipse hate.** — Never look directly at hate! Love is always stronger.
2. **Work for social justice.** — Everyone deserves equal economic, political, and social rights and opportunities.
3. **Be an upstander** — If you see someone being bullied, stand with them.
4. **Do something that brings you peace every day.** When you feel peaceful, you will be able to work for peace in the world.
5. **Don't cut down trees.** — Respect the Earth
6. **Look to the children for the answers.** — The previous three ideas were all from children.
7. **Make compassion part of your management style.** — Everyone is going through something. Be compassionate.
8. **Vote.** — Participate in democracy.
9. **Get to know your neighbors.** — Build community. It builds trust, friendship, and peace.
10. **In an escalating conversation, lower your voice.** — When things start to heat up, the quickest way to cool them down is to remain calm.
11. **Practice and teach empathy.** — Working to understand another point of view is the quickest way to peace.
12. **Express gratitude often.** — Count your blessings.
13. **Tell your friends they matter.** — We all matter. Remind others they matter to you.
14. **Listen for understanding** — Are you really listening to what is being said, or just waiting your turn to speak?
15. **Offer empathy, not advice.** — We all want to be heard. Just be there for someone--share their pain or excitement, not your advice.
16. **Learn about a different culture** — We live in an amazing world, with so many ways of doing things. Learn how others cook, celebrate, mourn, pray, and take care of one another.
17. **Make friends with someone who is different than you.** — Our differences can teach us so much. Let's celebrate that!
18. **Celebrate International Day of Peace.** — The International Day of Peace is September 21st. Find out what is happening in your community to celebrate this day, or create your own event!
19. **Start a Peace Village camp in your community** — Teach the children in your community the valuable skills of conflict resolution, mindfulness, connection to nature, and media literacy. Help them become the new generation of peacebuilders. Learn more at www.peacevillagienc.org
20. **Send \$21 to Peace Village, to help teach more children peace** — By supporting the work of Peace Village with a gift of just \$21, you will help more communities around the world start Peace Village programs, where children are taught to be mindful, where they learn to be stewards of the earth, where they gain the tools to resolve conflicts nonviolently, where they learn to respect themselves and others.
21. **Share this with 21 of your friends** — Please share this with at least 21 others. Let's spread the message of peace and help support Peace Village!



Thank you Heather and Ann for teaching Encaustic Wax Painting at Smyrna's Intergenerational Art Night on August 16, 2017





**The garden has been planted,
weeded, and watered.**

The pickles are pickled.

The berries are jammed.

The flowers are tended.

The porch has been mopped.

So, Virginia is taking an afternoon off

You are invited to Virginia's 90th
Birthday Party Open House with lunch.
Sunday, October 8, 12:30-3:00pm
Smyrna UCC, 31119 S. Hwy 170, Canby

No gifts please, your presence is the present.



No matter how rapid the arrival of professional emergency responders, bystanders will always be first on the scene. A person who is bleeding can die from blood loss within five minutes, so it's important to quickly stop the blood loss.

Remember to be aware of your surroundings and move yourself and the injured person to safety, if necessary.

Call 911.

Bystanders can take simple steps to keep the injured alive until appropriate medical care is available. Here are three actions that you can take to help save a life:

1. Apply Pressure with Hands

EXPOSE to find where the bleeding is coming from and apply **FIRM, STEADY PRESSURE** to the bleeding site with both hands if possible.



2. Apply Dressing and Press

EXPOSE to find where the bleeding is coming from and apply **FIRM, STEADY PRESSURE** to the bleeding site with bandages or clothing.



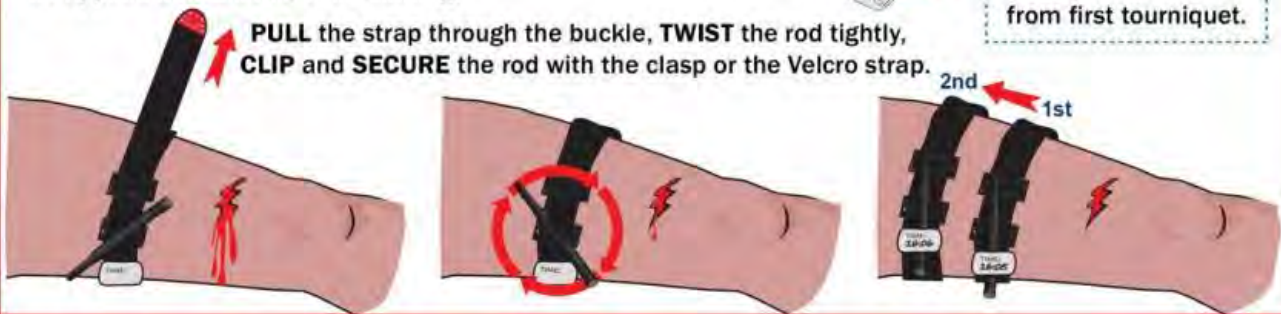
3. Apply Tourniquet(s)

If the bleeding doesn't stop, place a tourniquet 2-3 inches closer to the torso from the bleeding. The tourniquet may be applied and secured over clothing.



If the bleeding still doesn't stop, place a second tourniquet closer to the torso from first tourniquet.

PULL the strap through the buckle, **TWIST** the rod tightly, **CLIP** and **SECURE** the rod with the clasp or the Velcro strap.



The 'Stop the Bleed' campaign was initiated by a federal interagency workgroup convened by the National Security Council Staff, The White House. The purpose of the campaign is to build national resilience by better preparing the public to save lives by raising awareness of basic actions to stop life threatening bleeding following everyday emergencies and man-made and natural disasters. Advances made by military medicine and research in hemorrhage control during the wars in Afghanistan and Iraq have informed the work of this initiative which exemplifies translation of knowledge back to the homeland to the benefit of the general public. The Department of the Defense owns the 'Stop the Bleed' logo and phrase - trademark pending."



Homeland Security

Office of Health Affairs

September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
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<p style="font-size: 2em; color: red;">3</p> <p>11 am Worship</p> <p>Coffee Hour: Volunteer needed</p> <p>Flowers: Terri Milliren</p>	<p style="font-size: 2em; color: red;">4</p> <p>Labor Day</p>	<p style="font-size: 2em; color: red;">5</p> <p>1 pm Stitch Club @ Linda Dunn's</p> <p>10 a.m. O.A. meeting at Smyrna</p> <p>2-3:30 pm Coffee & Friends</p> <p>3:30 pm Health Committee</p>	<p style="font-size: 2em; color: red;">6</p> <p>9:30am Tai Chi @ Smyrna</p> <p>b.d. Scott Schuebel</p>	<p style="font-size: 2em; color: red;">7</p> <p>Wedding Ann. Philip and Barbara Daniels</p>	<p style="font-size: 2em; color: red;">8</p> <p>12 noon Memory Cafe</p> <p>4:30-6 pm Confirmation Class</p> <p>b.d. Paula Martin</p>	<p style="font-size: 2em; color: red;">9</p> <p>9:30 am Tai Chi @ Smyrna</p>																																																																																				
<p style="font-size: 2em; color: red;">10</p> <p>9:45 am Adult Education 11 am Worship and Sunday School</p> <p>b.d. Audrey Yoder. Lulu Anderson</p> <p>Coffee Hour: Stitch Club</p> <p>Flowers: Jeannie Rogers</p> <p>Smyrna UCC Book Club during Coffee Hour</p>	<p style="font-size: 2em; color: red;">11</p> <p>9:30 am Aging Backwards @ Smyrna</p>	<p style="font-size: 2em; color: red;">12</p> <p>10 a.m. O.A. meeting at Smyrna</p> <p>7 pm Church Council</p>	<p style="font-size: 2em; color: red;">13</p> <p>9:30am Tai Chi @ Smyrna</p> <p>b.d. Alexander Marine</p>	<p>Smyrna Poutine Booth/Oktoberfest in Mt Angel</p>		<p style="font-size: 2em; color: red;">16</p> <p>9:30 am Tai Chi @ Smyrna</p>																																																																																				
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<p style="font-size: 2em; color: red;">24</p> <p>9:45 am Adult Education 11 am Worship and Sunday School</p> <p>b.d. Angela Baker</p> <p>Coffee Hour: Diaconate</p> <p>Flowers Linda Dunn</p>	<p style="font-size: 2em; color: red;">25</p> <p>9:30 am Aging Backwards @ Smyrna</p> <p>b.d. Ken Schriever</p>	<p style="font-size: 2em; color: red;">26</p> <p>10 a.m. O.A. meeting at Smyrna</p> <p>b.d. Kasha Wallace</p> <p>Wedding Ann: Sandra & John Mahar</p> <p>3:30 pm Emergency Preparedness mtg</p> <p>6 pm Namaste Cafe</p>	<p style="font-size: 2em; color: red;">27</p> <p>9:30am Tai Chi @ Smyrna</p> <p>b.d. Louise Adams</p>	<p style="font-size: 2em; color: red;">28</p> <p>12 Noon Women's Fellowship Luncheon</p> <p>b.d. James Daniels, Richard Daniels</p>	<p style="font-size: 2em; color: red;">29</p>	<p style="font-size: 2em; color: red;">30</p> <p>9:30 am Tai Chi @ Smyrna</p>																																																																																				



- Don Blatchford
- Paula Day
- Jean Epley
- Joann Gribble
- Brenda Hammock
- Ethel Henderson
- Mickey Hester
- Blanche Kober
- Barbara Wagner
- Renee Marshall
- Arlene Peterson
- Lucia Schuebel
- Robert Schuebel
- Jon Schriever
- Vonda Stoneking
- Steven Watkins

If you know anyone who should be on the prayer list in the Behold, please let Jeannie or Elaine know. If they would enjoy receiving cards notify someone in the Diaconate.

Mission Statement

Smyrna United Church of Christ is striving to be:

- A place of peace, where we offer to all an extravagant welcome wherever you are in your life journey regardless of your ethnicity, marital status, religion, gender, race, age, disability, national origin, or sexual orientation, and where we teach the stories of God's love and call on our lives.
- A spiritual haven, where we accept and care for all people and God's creation in an outreach of grace.
- A lighthouse of God's compassion, where worship, teaching, learning and spiritual growth take place in community, powered by thought and action.
- A Christian people, working for God's realm in ecumenical harmony with other people of faith and conviction.