BEHOLD!!

A Newsletter of Smyrna United Church of Christ

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Smyrna



No matter who you are, or where you are on life's journey, you are welcome here.

March 2018

Dear Friends,

During the season of Lent, we are to bring all our burdens to God and to ask for guidance and direction as we seek a way through. We are called to repent for the things we have done that we should not have, and the things that we have left undone that needed to be done. We all know what those are.

We are also called to repent for our corporate sins – but those are harder to define. What might seem good to one person or culture seems wrong to others. How do we move forward?

God has made us so differently. One is busy singing high notes. One is happily singing low notes. One just carries on, singing in the middle. But if we listen to each other, and to God, we can find that our sounds can blend into beautiful harmonies and melodies, weaving together. We have much to learn from each other.



We each bring a part of the truth, a part of the whole song, as we seek to follow the living God. But we must listen – to God, and to each other, as we seek the realm of God that is near.

Let us linger after church each Sunday during Lent, for soup and conversation. We will have the opportunity to listen to each other as we break bread, and struggle with issues facing us today.

Thank you all for helping me listen and learn – from you, and from God the Creator, Redeemer, and Sustainer of us all.

Blessings, Pastor Deb

Memory Café

Memory Café will meet at 12 noon on Friday, March 2nd with guest speaker Bruce Swanson, a marathoner and retired UCC clergyperson, who will speak on "Keep Moving to Keep Your Brain Healthy."

Please RSVP by Wednesday, February 28th to Pastor Deb at <u>debpattersonhome@gmail.com</u> or call 503-689-4450.

Confirmation Class meets on Friday, March 9th from 5:00 to 6:00 pm. Stay tuned!

Mission and Outreach Committee

- March 11: One Great Hour of Sharing, as part of Our Churches Wider Mission, is the special mission offering of the United Church of Christ that carries God's message of love and hope to people in crisis. The UCC works with international partners to provide sources of clean water, food, education and health care, small business micro-credit, advocacy and resettlement for refugees and displaced persons, and emergency relief and rehabilitation. OGHS also supports domestic and international ministries for disaster preparedness and response.
- **During March and April,** Children for Change offerings will go for purchasing paper products for the Food Bank. Food banks cannot purchase such items as toilet paper or diapers so that is something we provide for them to give out on an emergency basis.

Women's Fellowship Luncheons

- ⇒ March 8th, served by Elaine and Joel Daniels and Rick and Levonne Gano
- ⇒ March 22nd, served by Barbara Daniels and Linda Dunn.
- ⇒ Open to all ages, genders, communities and a wonderful luncheon every time!

Mustard Seed Parenting Group continues to meet on the 1st and 3rd Tuesdays at 6:00 pm. The first Tuesday of the month is for the parent/primary caregiver and child or children, and the 3rd Tuesday is for the parent/primary caregiver, partners, and other family supports, along with the children.

Please come join us!
Smyrna's Annual Easter Egg Hunt
for ages 0-10 years old
On Saturday
March 31st, 2018 at 11 am.



Following the egg hunt please join us for a little lunch.

Hope to see you all there.

Smyrna's Annual Baked Potato Sunday is set for

March 4 following our morning service. Join us for a delicious fund raiser! Proceeds are used to help pay the operating expenses of the church.

-Finance Committee-



Smyrna Knitters, Crocheters, and handicrafters —

Here is an opportunity for us to contribute to the "CLICK for Babies: Period of PURPLE Crying Caps Campaign CLICK for Babies is a grassroots public education campaign organized by the National Center on Shaken Baby Syndrome (NCSBS) in partnership with hospitals, public health and child abuse prevention groups to create awareness of the leading trigger for infant abuse, frustration with infant crying.

During the campaign, communities all across North America donate handmade caps stitched in all shades of purple. Along with these caps, new parents receive a video, booklet, and bedside information describing the *Period of PURPLE Crying* (a period of time when infant crying increases; beginning when babies are about two weeks old, peaking in the second month and ending around the third to fifth month)." *

- ⇒ If you would like to knit or crochet newborn size purple baby hats, talk to Audrey Yoder or Elaine Daniels.
- ⇒ Don't knit or crochet? You can still help by donating a skein of purple yarn for someone else to make into a hat.

For an online story on a fellow volunteer, see this website: http://www.legacyhealth.org/our-legacy/about-legacy/this-is-my-legacy/community-stories/click-for-babies.aspx

*Excerpted from https://www.clickforbabies.org/toolkit.php

THE LETTERS IN PURPLE STAND FOR



PEAK OF CRYING

Your baby may cry more each

Your baby may cry more each week, the most in month 2, then less in months 3-5

UNEXPECTED

Crying can come and go and you don't know why.

RESISTS SOOTHING

Your baby may not stop crying no matter what

PAIN-LIKE FACE

A crying baby may look like they are in pain, even when they are LONG LASTING

Crying can last as much as 5 cry more in the late afternoon and evening.

LONG EVENI
LASTING

Crying can last Your baby

THE WORD PERIOD MEANS THAT
THE CRYING HAS A BEGINNING AND AN END

Tai Chi —

meets Saturday mornings at 9:30 am – thank you to Virgil Foster for leading this class, which is a great way to improve your balance in a very gentle and peaceful manner.

Coffee and Friends —

continues to meet on the 2nd and 4th Tuesdays of each month from 2-3:30 pm.

Church Council —

will meet at 7:00 pm on Tuesday, March 13th.

The Earth Care Committee —

Meets the 3rd Tuesday of the month at 2:30 pm

The Diaconate —

Meets the 3rd Tuesday of the month at 3:30 pm

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Blast from the Past

Do you recognize any of the children below? In 1991 — before we built the Sunday School/office addition — some of the Sunday School classes were held in the basement.





24 Months to

When disaster strikes, what should you do? You could move away from the Northwest, but that would just allow more Californians to move in. You could



build an apocalypse vault and fill it with dried elk meat, but who has the time? You could curl up into a ball, close your eyes and plug your ears, but you're smarter than that.

There's a sensible, cost-effective way to prepare. It involves taking things one step at a time over the course of a year. Breaking down tasks and shopping lists will make the work manageable and help you avoid overwhelming your schedule and your bank account.

With the help of disaster preparation experts, we've crafted a month-by-month guide to get you fully prepped with the basics by this time next year.

Month 9

- Hardware Store:
- radio with batteries or hand crank
- plastic bucket with tight lid
- wrenches needed to turn off utilities camp/utility knife

To Do:

- ⇒ Find gas and water meter shut offs and find out how and when to shut off
- ⇒ Attach a wrench next to each meter shut off

Blood Pressure Screenings continue. Thank you to Jane Dahl of the Health Committee for making this possible.

Treasurer's Report

Balance 12/31/2017	(\$8,496.00)
Receipts	6,661.14
Transfers/adjustments	100.00
Expenditures	<u>6,426.07</u>
Balance 1/31/2018	(\$8,160.93



March 2018

Monthly Planner

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 : 11 1 18 1	Feb 2018 M T W T F S 1 2 3 5 6 7 8 9 10 12 13 14 15 16 17 19 20 21 22 23 24 26 27 28	Apr 2018 S M T W T 1 2 3 4 5 8 9 10 11 12 15 16 17 18 19 22 23 24 25 26 29 30	6 7 13 14 20 21	1	2 12 noon Memory Cafe at Smyrna	b.d. Mary Bickers, Kate Daniels Clark, Mickey Hester, Grant Stanbro
9:45 am Adult Education 11 am Worship and Sunday School Baked Potato Sunday Flowers: Beryl Fisher	5 b.d. Carl Cline	6 1 pm Stitch Club @ Virginia Yoder's 3:30 pm Health Committee 6 pm Mustard Seed Parenting	9 am Tai Chi @ Smyrna	8 12 Noon Women's Fellowship	9 b.d. Kaden Fisher 5 pm Confirmation Class	10
9:45 am Adult Education 11 am Worship and Sunday School Coffee Hour: Volunte er needed Flowers: The Menkels Gne Great Hour of Sharing	B.D. Jonathan Blatchford, Ethan Boss	b.d: Gary Peterson, Philip Sano, Irene Schriever 2:30 pm Coffee & Friends 7 pm Church Council	14 9 am Tai Chi @ Smyrna	15	Anniv: Jon & Susie Schriever b.d. Violet Humphreys	17 b.d. Halaina Crispin
9:45 am Adult Education 11 am Worship and Sunday School Coffee Hour: Amber Enfield & Jeannie Rogers Flowers: Jeannie Rogers	19 b.d. Donald Hammock	2:30 pm Earth Care Committee 3:30 pm Diaconate 6 pm Mustard Seed Parenting	21 9 am Tai Chi @ Smyrna	22 12 Noon Women's Fellowship b.d. Katherine Holt	23 b.d. Marina Daniels	Memorial Service for Lucia Schuebel 2:00 p.m. Smyrna
9:45 am Adult Education 11 am Worship and Sunday School Coffee Hour: Diaconate Flowers: Jane Dahl	26	b.d. Heather Anderson 3:30 pm Emergency Preparedness	28 9 am Tai Chi @ Smyrna	29	30 b.d. Patty Gribble Wedding Ann. Paul & Audrey Yoder	31 b.d. Kristin Daniels

Printed by Calendar Creator for Windows on 2/24/2018

Please remember in prayer:

- * The family of Lucia Schuebel
- Jane and Steve Dahl
- * Charlie Odell
- * Tina Marshall
- * Lois Johnson
- * Joanne Gribble
- * Blanche Kober
- Jean Epley
- * Vonda Stoneking
- * Ethel Henderson
- * Mickey Hester
- * Larry Grant
- * Robbie and Steve Rigg
- * Debbie Hancox and family
- Steven Watkins
- * and all those mentioned in prayer time at church.

If you know anyone who should be on the prayer list in the Behold, please let Jeannie or Elaine know. If they would enjoy receiving cards notify someone in the Diaconate.

Mission Statement

Smyrna United Church of Christ is striving to be:

- A place of peace, where we offer to all an extravagant welcome wherever you are in your life journey regardless of your ethnicity, marital status, religion, gender, race, age, disability, national origin, or sexual orientation, and where we teach the stories of God's love and call on our lives.
- A spiritual haven, where we accept and care for all people and God's creation in an outreach of grace.
- A lighthouse of God's compassion, where worship, teaching, learning and spiritual growth take place in community, powered by thought and action.
- A Christian people, working for God's realm in ecumenical harmony with other people of faith and conviction.

