

BEHOLD!!

Smyrna

A Newsletter of Smyrna United Church of Christ

Ministers: All members of the church

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No matter who you are,
or where you are on life's journey,
you are welcome here.

April 2019

Dear Friends,

Years ago, I used to work with the Deaconess Sisters in St. Louis. Over the course of the more than 100 years that this Protestant sisterhood lived and worked in St. Louis, more than 500 women joined the sisterhood, studying to become nurses who worked in the Deaconess hospital there and in other community settings.

One of those nurses was Sister Bena, who worked there over 100 years ago. She worked as a nurse out of Caroline Mission, a neighborhood settlement house, where she visited the sick and homebound, and arranged further treatment for those who required it.

Sister Bena helped feed "hobos," as the homeless were called then. She sought jobs for the unemployed, in a time before welfare, Social Security, or pensions. She taught sewing, led a mother's group, distributed clothes, cared for the sick and dying, stayed with them in their homes, and sewed shrouds after their deaths.

Sister Bena may be long gone. In fact, every last Deaconess sister from the St. Louis order is now long gone. Even Deaconess Hospital is gone. But we are here now, and we can continue to do that which God is calling US to do, and there is much to be done!

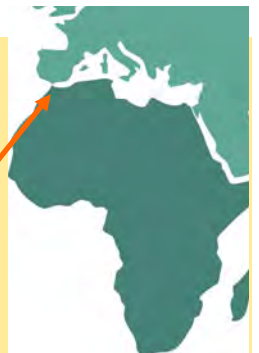
May God bless you and keep you,
Pastor Deb



Walk to Jerusalem:

Please bring your miles walked (each 20 minutes of exercise counts as a mile, and housework counts!) as we walk together to Jerusalem by Easter. Check out the map provided by the Health Committee in the Fellowship House.

Of special interest: March 31st, after our Lenten program, we will show the movie *Casablanca* to celebrate our reaching that city on our "Walk to Jerusalem." And on April 7th, the Health Committee will be serving a Mediterranean themed Soup Lunch before our Lenten program.



Women's Fellowship Luncheons

In case you didn't know, we hold luncheons the second and fourth Thursday of each month beginning with the last Thursday in January and going through to the second Thursday in December each year. We do take a break between the luncheon in May until the fourth Thursday in September. If you would like to come and join in with us we would be glad to have you do so. We ask that you bring a dish to share otherwise you can make a donation to the group when you come in the door. We begin lunch at noon and usually people sit awhile following the lunch to visit and catch up with their friends and neighbors.



We hope to see you there where you can also pick up a schedule of all of the dates for the lunches during the year. If you have any questions, you can call Barbara Daniels at 503-390-4686 or Elaine Daniels at 503-651-2694.

Kiva and the Smyrna UCC Team

Thank you to Kristin Wishon and Joel Daniels for leading a program about Kiva on March 10th for the first Sunday in Lent following worship.

For some of us at Smyrna, this was an introduction to Kiva, and for others, like myself, a much needed refresher. Reminded that I had a balance which had been repaid available to re-lend, I lent \$25 to Estefany Guadalupe of El Salvador. Estefany is 21 years old, studies in secondary school on Saturdays, is partnered, and her partner is a mason. She has a one-year-old daughter. Estefany has worked making and selling tortillas and pupusas for some months and learned the trade from her mother. Estefany needs a \$1000 loan to purchase a stove to make and sell pupusas. Estefany dreams of purchasing land to build her own house. Happily, her loan is fully funded!



products so that she may become a successful business woman and provide her family with the best life possible.

For more information on lending through Kiva, and being a loan steward on the Smyrna Team, please talk with Kristin Wishon, Joel Daniels, or Rick Gano, who can help you get it set up. Once you make a \$25 loan, they will reimburse you for that loan so that you can manage it and re-invest it when it is repaid. There is no cost to you (unless you wish to donate additional funds).

The Smyrna UCC team has 29 members on the Kiva website, which has made 294 loans since starting on June 5, 2009 in more than 50 countries, including:

Armenia, Azerbaijan, Benin, Bolivia, Brazil, Cambodia, Cameroon, Columbia, Congo, Dominican Republic, Fiji, Ecuador, El Salvador, Georgia, Ghana, Guatamala, Haiti, Honduras, Indonesia, Iraq, Jordan, Kenya, Kyrgyzstan, Lebanon, Liberia, Mali, Mexico, Mongolia, Mozambique, Nicaragua, Nigeria, Pakistan, Palestine, Paraguay, Peru, Philippines, Rwanda, Samoa, Senegal, Sierra Leone, Solomon Islands, South Africa, Tajikistan, Tanzania, Togo, Uganda, Vietnam, Zambia, and Zimbabwe, and the US.

What a difference Smyrna is making in so many lives! Will you sign up to be a Smyrna Team loan steward, and share in a future issue of BEHOLD how these Children for Change dollars are making a difference in the lives of families around the world?

Thank you to the Mission and Outreach Committee for their leadership on all these mission projects: Elaine Daniels, Paulette Eyman, and Florence Pease. And thank you to Louise Allee, Paulette Eyman, and Irene Schriever for providing three wonderful soups for us to enjoy for our Lenten soup lunch that day, and Rebekah Yoder for assisting with serving and cleanup!

Smyrna has collected funds through Children for Change, and 20 folks are needed as stewards for one of those \$25 microloans. I joined the "Smyrna United Church of Christ" team on the Kiva website, and signed up to be one of the loan stewards. I loaned that \$25 to Lowata of Fiji to start a frozen food business. Here's Lowata's plan:

Lowata is looking to provide a stable life for her family of six by becoming a seller of frozen food. At 56 years old, she is seeking a loan to begin her business of selling products like frozen chickens, sausages, fish off-cuts, and mutton to her fellow villagers outside of her home. Lowata is determined to provide her customers with only the best





Memory Café –

On Friday, April 5th, we will welcome Chantal Barton from Salem Health who will show us some brain-body yoga that can be done in a chair. Please RSVP to Pastor Deb by Wednesday, April 3rd!

Adult Education - During Lent, Adult Ed will be the program following the Soup Lunch each week. Thanks to all who are making soup!

Lent



Lenten Programs:

Sunday, March 10th we began our Soup Lunches and Lenten programs after church. Here is the schedule of programs, each of which lasting approximately 30 minutes.

March programs:

- March 10th – KIVA – Sponsored by the Mission and Outreach Committee. Thank you to Kristin Wishon and Joel Daniels for presenting the program. Please see them to help make loans.
- March 17th – Mary Ann McCammon, RN, PhD., Retired nursing professor at OHSU, Quilt Program for Kenyan Women’s Health – We raised **\$598!**
- March 24th – Rev. Jean Doane will give us an update on the YWCA program in Palestine
- **March 31st** – Jon Steiner, founder and director of WE Care will be at Smyrna. The Health Committee will be showing the movie “Casablanca” after the program to celebrate reaching Casablanca on our “Walk to Jerusalem.”

April programs:

- **April 7th** – A Look at Cuba – Terri Millerin – we will also look at the United Church of Canada mission project there. The Health Committee will be providing a Mediterranean-themed Soup Lunch to recognize our “Walking to Jerusalem.”
- **April 14th** – Palm Sunday – One Fair World – A Look at Fair Trade Crafts
- **April 21st** – Easter Sunday –
 - ⇒ WORSHIP IS AT 9:15 am
 - ⇒ Children’s Easter Egg hunt will follow worship
 - ⇒ Please bring cut flowers to put on cross during Children’s Time

Blessings of the journey to all!



Honoring our Grads

If you know of anyone who will graduate from Middle School, High School, or College this year, please give their names to a member of the Board of Christian Education and Christian Nurture. Graduates will be honored during worship on Sunday, June 2.

The Smyrna United Church of Christ/Glenda Yoder Sano Scholarship Committee will be accepting applications through **April 29th, 2019**. The applications are available in the narthex of the church or by contacting Rick Gano. Eligibility Requirements are: the applicant must be a current or recently graduated high school senior or in a post high school program making satisfactory progress, and the applicant must be an active participant in Smyrna UCC with active participation during the past year in the life of Smyrna UCC (Examples would be participation or assistance with the worship, Sunday School, grounds cleanup, Strawberry Social, Chili Cook-off, Octoberfest booth, Canby/Marquam highway cleanup, Vacation Bible School, etc.).



Scholarship Fund

This is the fifteenth year that Smyrna has provided church members scholarships for furthering their education after high school. The church scholarship is granted in memory of **Glenda Yoder Sano**, a 1963 Molalla High graduate and a long-time member of the Smyrna Church family, who, as many of you know, was instrumental in starting and continuing many youth programs in our church.

[Rick Gano, Smyrna UCC Scholarship Committee](#)



One Great Hour of Sharing

On April 7th, we will collect one of our five UCC offerings – “One Great Hour of Sharing,” which helps in many ways, including helping people rebuild their lives after a disaster, like the hurricane in Puerto Rico. They help people in the US and abroad with food, learning sustainable farming practices, economic development, and educational opportunities. Learn more at <http://www.ucc.org/oghs>.



Shrove Tuesday Pancake Supper & Worship At Smyrna UCC, March 5



Holy Week Calendar

- **April 14 — Palm Sunday —**
 - ⇒ Worship at 11 am
 - ⇒ Soup Lunch and program
- April 18 — at 6:00 pm Maundy Thursday Potluck and Communion
- April 21st — Easter Sunday —
 - ⇒ WORSHIP IS AT 9:15 am
 - ⇒ Please bring cut flowers to place on the cross during Children's Time.
 - ⇒ Children's Easter Egg hunt will follow worship



Children are invited to participate in
Smyrna's Easter Egg Hunt
on
Sunday, April 21, 2019
Following
the 9:15 am Worship



April Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
	<p style="text-align: center; font-size: 24pt; color: red;">1</p> <p>7 pm AA/AO <i>April Fool's Day</i> b.d. Dave Akers, Spencer Chapin</p>	<p style="text-align: center; font-size: 24pt; color: red;">2</p> <p>10 am OA</p>	<p style="text-align: center; font-size: 24pt; color: red;">3</p> <p>Deadline to RSVP for Memory Cafe</p>	<p style="text-align: center; font-size: 24pt; color: red;">4</p> <p>1:30 pm Earth Committee Mtg</p>	<p style="text-align: center; font-size: 24pt; color: red;">5</p> <p>12 noon Memory Cafe @ Smyrna</p>	<p style="text-align: center; font-size: 24pt; color: red;">6</p>																																																																																											
<p style="text-align: center; font-size: 24pt; color: red;">7</p> <p>11 am Worship and Sunday School Soup Lunch and Lenten Program -- Terri Millerin -- A Look at Cuba and UCC of Canada mission Soup Lunch: Health Committee Flowers: Jeannie Rogers</p>	<p style="text-align: center; font-size: 24pt; color: red;">8</p> <p>7 pm AA/AO b.d. Keith Schuebel</p>	<p style="text-align: center; font-size: 24pt; color: red;">9</p> <p>10 am OA 6 pm Staff Parish mtg 7 pm Church Council Wedding Ann: Paul & Melissa Liechty</p>	<p style="text-align: center; font-size: 24pt; color: red;">10</p> <p>b.d. Melissa Skiles</p>	<p style="text-align: center; font-size: 24pt; color: red;">11</p> <p>12 Noon Women's Fellowship</p>	<p style="text-align: center; font-size: 24pt; color: red;">12</p> <p>b.d. Philip Daniels</p>	<p style="text-align: center; font-size: 24pt; color: red;">13</p> <p>b.d. Penelope Enfield</p>																																																																																											
<p style="text-align: center; font-size: 24pt; color: red;">14</p> <p>10 am Health Committee Mtg 11 am Worship and Sunday School <i>Palm Sunday</i> Soup Lunch and Lenten Program -- One Fair World fair trade presentation Soup Lunch: Levonne Gano, John Mason Flowers: Virginia Yoder</p>	<p style="text-align: center; font-size: 24pt; color: red;">15</p> <p>7 pm AA/AO b.d. David Howard</p>	<p style="text-align: center; font-size: 24pt; color: red;">16</p> <p>10 am OA 1:30 Diaconate mtg b.d. Violet Humphries</p>	<p style="text-align: center; font-size: 24pt; color: red;">17</p>	<p style="text-align: center; font-size: 24pt; color: red;">18</p> <p>6 pm Maundy Thursday Potluck and Communion b.d. Tim and Tom Odell, Sarah Philips</p>	<p style="text-align: center; font-size: 24pt; color: red;">19</p> <p>b.d. Kara Tellinghuser Larry Sumpter <i>Good Friday</i></p>	<p style="text-align: center; font-size: 24pt; color: red;">20</p>																																																																																											
<p style="text-align: center; font-size: 24pt; color: red;">21</p> <p>9:15 am Easter Worship followed by Easter Egg Hunt Coffee Hour: Christian Education/Nurture Flowers: Jane Dahl <i>Easter Sunday</i></p>	<p style="text-align: center; font-size: 24pt; color: red;">22</p> <p>7 pm AA/AO b.d. Mary Smidt Jernstrom, Ginger Redlinger</p>	<p style="text-align: center; font-size: 24pt; color: red;">23</p> <p>10 am OA b.d. Nell Blatchford</p>	<p style="text-align: center; font-size: 24pt; color: red;">24</p>	<p style="text-align: center; font-size: 24pt; color: red;">25</p> <p>12 Noon Women's Fellowship</p>	<p style="text-align: center; font-size: 24pt; color: red;">26</p>	<p style="text-align: center; font-size: 24pt; color: red;">27</p>																																																																																											
<p style="text-align: center; font-size: 24pt; color: red;">28</p> <p>11 am Worship and Sunday School Coffee Hour: Diaconate Flowers: Irene Schriever</p>	<p style="text-align: center; font-size: 24pt; color: red;">29</p> <p>7 pm AA/AO</p>	<p style="text-align: center; font-size: 24pt; color: red;">30</p> <p>10 am OA b.d. Michael Hall</p>	<div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center; font-weight: bold; color: red;">Mar 2019</p> <table style="font-size: 8pt; border-collapse: collapse;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td></td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td></tr> <tr><td>31</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table> </div> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center; font-weight: bold; color: red;">May 2019</p> <table style="font-size: 8pt; border-collapse: collapse;"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table> </div> </div>				S	M	T	W	T	F	S					1	2		3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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We are looking for a nursery attendant for Smyrna – must be able to pass a background check, and will be assisted by one other adult each Sunday. The Council has designated \$50 per week for two hours – from 10 am to noon each Sunday. Please see a member of the Staff Parish Committee for more details if you know of anyone who might be interested.

Thank you —

to all those who have been sharing items with the Molalla Service Center, and to Elaine Daniels and Paulette Eyman for delivery. Needed in April:

- Any kind of crackers
- Refried beans
- Sugar
- Toiletries



Restock the SHELVES
Collection



Children for Change

During April, we will be collecting funds for a peanut-butter based children's feeding program for Africa. Stay tuned for details.

Children's Missions



Happy Birthday! All Church Birthday Party



The Board of Christian Education/Nurture invites everyone to the All Church Birthday Party planned for Sunday, June 2. Stay after church for a special coffee hour honoring our graduates *and* celebrating the birth of each and every one of you.



Long life to you! Good health to you and your household! And good health to all that is yours!

1 Samuel 25:6

Men can live healthier, longer lives just by knowing their health threats and how to work through those risks. Statistics show that heart disease is the number one threat with cancer, injuries, stroke, COPD (respiratory disease), diabetes, flu, suicide, kidney disease, and Alzheimer's making up the top ten. By listening to your body and adopting good lifestyle habits, you can decrease your risk for life-threatening health issues.

A healthy balanced diet will greatly reduce the risk for five of the top ten threats: heart disease, cancer, stroke, diabetes, and kidney disease. Fruits, vegetables, and whole grains are heart healthy selections and can fight some cancers as well. They also help maintain a healthy weight which is necessary for the prevention of diabetes and kidney failure which is a complication of diabetes and high blood pressure.

Risky behavior can cut a man's life short and is easily preventable. Accidents from automobiles, falls, and the use of chemicals can be fatal or seriously debilitating so wear seat belts, drive safely, use chemicals in a well-ventilated areas, and use ladders carefully. Also lose the smoking habit as it increases your risk of heart disease, cancer, and complications with respiratory disease and diabetes.

The three remaining health threats - flu, suicide, and Alzheimer's- can be decreased by being proactive, eating right, and avoiding risky behavior. Exercise, get an annual flu shot, don't smoke, and eat a healthy diet to prevent illness and stimulate your brain. Avoid falls which have an apparent link to Alzheimer's and avoid addictions to prevent suicides and self-harm.

Know your body, listen to its needs, and see your physician when things do not seem right. Your families want a future with you so look at your life and see what can be changed. A few simple adjustments can give you better health and longer life.

Treasurer's Report — Irene Schriever

Balance 1/31/2019	\$15,274.49
Receipts	6,206.85
Expenditures	(6,154.59)
Balance 2/28/2019	\$15,326.75

Catherine Margaret Mosiman

February 12, 1938 - February 22, 2019

Catherine Margaret Johnson was born on February 12, 1938 in Erieville, New York, the daughter of Nina Hattie Waters and Herbert Cramer Johnson. She was one of 13 children, nine of whom survived to adulthood. Catherine attended Cazenovia Central High School in Erieville, graduating in 1956.

After graduation from high school, she went to Syracuse, NY for work, about an hour from her home town. There, she was a nanny to three children. Caregiving bookended her career, as she cared for Nellie Eymann here near Yoder, starting in 1984, for about 8 years.

In the intervening years, Catherine worked in retail, at W.T. Grant, as a window dresser, starting with designs for the Easter display one spring. She also worked in hospitality, as a waitress in a hotel in Mt. Angel, where she had moved from Nebraska with Clifford McCracken, with whom she lived for a decade following an earlier troubled marriage. Over the course of her life, Catherine had lived in New York, California, Colorado, and Nebraska, before finally settling in Oregon for the last 35 years of her life.

Late in life, she met the love of her life, Bill Mosiman, a military veteran, who had served for 15 years in Germany, and 7 years in Korea and Vietnam. They married in a private ceremony at Smyrna on Wednesday, June 11, 1997, with James Daniels as one of their witnesses. A few days later, they returned from their honeymoon and shared a wedding cake with the congregation at Smyrna UCC after worship on Sunday, June 22nd.

Bill and Catherine lived for over three years in their home in a neighborhood called Sea Grove, near Sallishan, at the Oregon coast. Sadly, Bill died of cancer on March 1st, 2001.

Catherine sold her home later that year, and moved to Keizer, and was active at Salem Center 50, taking yoga classes and participating in other events there. She was also an active member of Smyrna United Church of Christ. Previously, she had also been a member of the Fraternal Order of Eagles and the Mollalla 310 Grange.

Catherine battled cancer valiantly in 2014, with another onset in 2018. She was under the care of Willamette Valley Hospice in her home for the recent course of her illness, and passed away one day after her admission to the Chehelam Health and Rehab Center in Newberg, Oregon, on February 22, 2019.

Catherine was preceded in death by her parents and siblings, her husband Bill Mosiman, and former life partner Clifford McCracken. She is survived by a niece and nephew: Josephine Paczkowski of Gastonia, North Carolina, and Josephine's brother, Oliver Brown, of Jordan, New York. She is also remembered by her friends at Center 50 and at Smyrna UCC.



to all who helped with the Memorial Service for Catherine Mosiman, who passed away on February 22nd, and whose Celebration of Life was held on Saturday, March 9th.

Please hold in prayer:

- Rod and Pat Bullard
- Dorothy Krebs
- Mickey Hester
- Blanche Kober
- Ione and Asa Jenson
- Louise and Dan Allee
- Vonda Stoneking
- Katherine Holt
- Elaine Daniels
- Beryl and Dan Fisher
- and all those who have been mentioned at church.



If you know anyone who should be on the prayer list in the Behold, please let Jeannie or Elaine know. If they would enjoy receiving cards notify someone in the Diaconate. For pastoral visits, contact Pastor Deb.

Mission Statement

Smyrna United Church of Christ is striving to be:

- A place of peace, where we offer to all an extravagant welcome wherever you are in your life journey regardless of your ethnicity, marital status, religion, gender, race, age, disability, national origin, or sexual orientation, and where we teach the stories of God's love and call on our lives.
- A spiritual haven, where we accept and care for all people and God's creation in an outreach of grace.
- A lighthouse of God's compassion, where worship, teaching, learning and spiritual growth take place in community, powered by thought and action.
- A Christian people, working for God's realm in ecumenical harmony with other people of faith and conviction.