

BEHOLD!!

Smyrna

A Newsletter of Smyrna United Church of Christ

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No matter who you are,
or where you are on life's journey,
you are welcome here.

March 2020



Dear Friends,

Florence Nightingale is known as the founder of modern-day nursing, the “Lady with the Lamp” who tended the soldiers in the Crimean War. Her nursing work, though, was only the tip of the iceberg. She organized many social programs for the soldiers – such as a banking system where they could save their money to use when they returned home, or send to their families left back in England. She set up a café where men could socialize and write letters rather than just spend their money at local bars. She helped the men communicate with their families back home and helped locate needed supplies for them by asking her well-to-do friends and neighbors in England for help. (She also wrote a Greek grammar, that was used as a textbook at Oxford, did statistical analysis on public health for the British Army in India, wrote theological essays and sermons, and more....)

Smyrna tends to have a similar outlook to Florence's. If there is something that needs to be done, there are folks at Smyrna who find a way to do it – to contribute to the welfare of others. Sometimes that is far away, like the support we are providing to the young girls and women in Kenya through “Quilts for Empowerment” or the “Tools and Seeds” through Heifer Project, or the “PlumpyNut” infant nutrition program of UNICEF.

Sometimes there is a need right at home – food pantries, Habitat for Humanity houses, neighbors who could use a friendly visitor. This Lent, we are going to be hearing from visitors from neighboring towns where we have members. Stay tuned for more!

What a gift, to live in a world where we have an opportunity to share and to be blessed in our sharing. Thanks be to God for Smyrna and its people.

Blessings, Pastor Deb

Adult Education

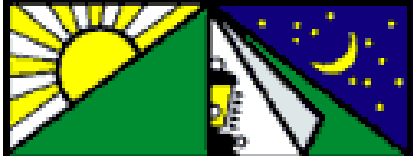
- March 1st: Beginning our Lenten Journeys
- March 8th: Continuing on the Lenten Journey
- March 15th: Frank Baum and a Spiritual Journey – Karyl Carlson
- March 22nd: “Mystery”
- March 29th: Margaret Fuller: The Spiritual Argument of America's First Feminist Writer” led by John Mason

Spring Days of Giving

March 15, 2020, has been designated as Spring Days of Giving. We have four times a year we reach out to our church family and friends to request donations to the church general fund. The general fund pays our monthly bills and supports the ministry we do here at Smyrna. Please consider making a donation to the church as this time.

Thank you from the Fund Raising Committee.

Camp To Belong



The Children For Change Offering during March and April will go to help support Camp To Belong.

Camp To Belong is an international camp program founded by Lynn Price in 1994. After discovering that she was in foster care and had a sister at the age of 8, Price founded Camp To Belong to provide separated siblings with opportunities to make memories together that she did not have. With member camps all over the United States and Australia, Camp To Belong camps have served nearly 13,000 separated siblings.

Since bringing Camp To Belong to the Northwest in 2006, nearly 2,000 youth have been served. Now serving primarily Oregon youth, two sessions of Camp To Belong are held each summer. Camp To Belong is a one-week long residential camp experience designed specifically to provide siblings with opportunities to make positive, childhood memories together, despite living separated. Activities at camp include an all camp birthday party, carnival night, sibling scrapbooks, campfires, arts and crafts, swimming, boating, rock climbing, archery, and so much more.

Camp To Belong has proven to be a powerful intervention for siblings living separately. In 2017, 97% of campers reported making positive memories with their siblings at camp and 85% reported that attending camp made their sibling relationship stronger. Beyond that, 92% reported that their time at camp made them more hopeful about their futures.

Thank You, Mission and Outreach

Daylight Savings

Don't miss worship service on Sunday, March 8, 2020 by forgetting to "spring forward" at 2 am!

Rather than get up at 2 am to set your clock, you may prefer to set it when retiring for the night.



Memory Café

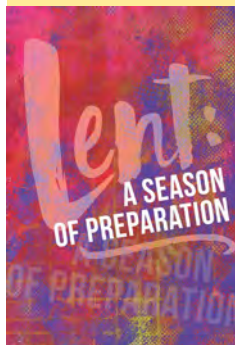
On Friday, March 6th, we will welcome Dr. Sadja Greenwood, a pioneer in women's health in Berkeley during the 1960's, who will talk with us about how she got into the field, what she did in her work and how she stays active today.

Please join us for lunch and a program from noon to 1:30 pm. There is no charge, but donations are accepted to help cover the cost of the food. We need your RSVP by Wednesday, March 4th to help us plan for food and handouts.

Please call Pastor Deb at 503-689-4450 or e-mail her at debpatersonhome@gmail.com.



What's Happening During Lent?



Keeping it Local! During the Sundays of Lent before Holy Week, we will be having soup lunches after church, and also inviting representatives doing good in surrounding communities represented by Smyrna members to bring a word of greeting.

Stay tuned for more information in the bulletin and announcements. We hope to have visitors from Molalla, Canby,

Woodburn, Mt. Angel, Silverton, and the North Marion School District.

CAMP ADAMS

MOLALLA - OREGON



Now is the time for young people to register for Camp Adams! The dates are all in the Annual Report, which was distributed at the Annual Meeting on January 19th and on the Camp Adams website.

For more information, please contact Smyrna's Camp Coordinator, Sheila Daniels, at: sheiladaniels@earthlink.net.

Also, please save the date for Smyrna's annual Camp Adams Sunday on June 28th — 11:00 am worship with a potluck to follow. This time we will be meeting in the newer section of Camp Adams — the Nate Creek side of the camp. All are welcome!

Coronavirus - there are more useful things to do than worry.....

News of coronavirus infections is causing many people to panic. There are absolutely things we can do to protect us from infection by this novel respiratory virus. Some involve a societal response, but others are very simple.

Most important, wash your hands. Wash them often. Wash them for at least 20 seconds with soap and water. Wash them especially well if you're about to eat. Wash them after you've blown your nose, coughed or sneezed. Make it routine that all members of the household wash their hands when they get home.

I know it can be hard to do this yourself, let alone get others to do it. So make it a game, offer incentives. Almost nothing that you, or your family, can do will protect you more from infections than washing your hands.

Here are five steps:

- 1) Wet your hands
- 2) Lather them, and then
- 3) Scrub them for at least 20 seconds. No one ever looks at a clock, so try singing the "Happy Birthday" song twice, from start to finish. I know 20 seconds seems like a long time, however, research does exist to say that shorter times aren't as good at removing germs, and much longer times can actually damage the skin and can be counterproductive.
- 4) Rinse
- 5) Dry

If you can't wash your hands, then hand sanitizer with at least 60% alcohol will work, but it's not as good. If using sanitizer, rub your hands together hitting all spaces (between fingers ,etc,) until dry

Don't touch your face in general, especially with unwashed hands. Don't shake hands with people who are sick. If you're sick, stay away from other people. Clean the objects and surfaces that you touch a lot.

What's not recommended for everyone? **Face masks.** If you're sick they may help prevent you from spreading the virus, but they don't do as much to help keep healthy people from getting sick.

It too soon to know how widespread and deadly the Coronavirus will be, but to date there have been 1,300 deaths from it in China. However, this flu season, there have already been 10,000 deaths from the flu in the U.S. Every year physicians and public health officials try to get you to immunize yourselves against the flu, and far too many don't. We beg you to practice proper precautions and hygiene, and, still, tens of thousands of people die, and too few worry enough. Should you be worried about getting infected with viruses? Sure. Have you gotten a flu shot yet?

Channel your fears into productive behaviors. That's how you'll significantly reduce your risk from being infected with 2019-mCoV. It'll also help you from being infected with the flu. It'll even help protect you from getting a cold. Wins all around.



A Priest and a Taxi Driver both died and went to Heaven. St. Peter was at the Pearly Gates waiting for them. "Come with me" St Peter said to the Taxi Driver.

The Taxi Driver did as he was told and followed St Peter to a mansion. It had everything you could imagine from a bowling alley to an Olympic sized swimming pool. "Wow, thank you," said the Taxi Driver.

Next St Peter led the Priest to a rugged old shack with a bunk bed and a little old television set. "Wait," said the Priest, "I think you are a little mixed up, shouldn't I be the one who gets the mansion? After all I was the one who went to church every day and preached God's word."

"Yes," St Peter replied, "that's true. But during your sermons people slept. When the Taxi Driver drove, everyone prayed."




A big thank you to Karyl Carlson who came in period clothing to our adult education class on Sunday, February 16th. She shared the story of Matilda Joslyn Gage, and this was in celebration of the centennial of women's voting rights.



On February 9, Smyrna members enjoyed the annual Baked Potato Sunday meal. Satisfied diners made freewill donations to help with Smyrna's operating expenses




On Baked Potato Sunday, the February 10th shared birthday of Rod Bullard and his daughter, Sandra Mahar, was celebrated following the meal. It was a surprise for Rod, though Sandra was in on the planning.



Ukulele Group

 The Ukulele group has resumed its classes at 2 pm on Wednesday afternoons at Smyrna. Come join us! The group is taught and led by Pat Kekua.



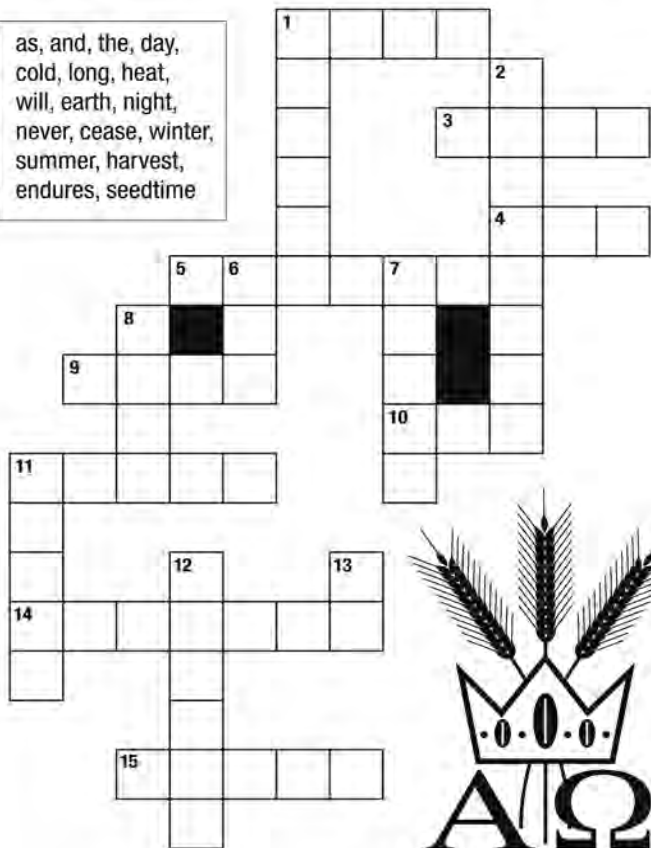
Treasurer's Report — Irene Schriever

Balance 12/31/2019	\$22,997.06
Receipts	10,208.85
Expenditures	(9,150.78)
Balance 1/31/2020	\$24,055.13

Puzzle!

Use the word list to complete the crossword. Then fill in the numbered blanks to read God's promise to Noah — and to us.

as, and, the, day,
cold, long, heat,
will, earth, night,
never, cease, winter,
summer, harvest,
endures, seedtime



13 8 13 10 7 14
 2 6 5 9 6
 3 12 6 1 down 4
 6 11 across 1 across 11 down 15

GENESIS 8:22, NIV

News on the Pews

About three weeks ago, a group of gung ho members gathered to begin the process of taking the 40+ year old upholstery off of the 129 year old pews. It was quickly determined, that the folks who put that upholstery on the pews ... intended for it to STAY on there for a very long time! Many staples held the fabric fast to the wood.

It took eight hours of many hands, nail pullers, screw drivers, hammers, and pliers ... to fill the 11 large trash bags with the dusty foam and fabric.

The Council approved having a professional antique repairman take a few pews at a time to his shop and spiff them up with stain and repairs as needed. This could take up to six weeks to complete.

The new cushions will not be tacked

down, but instead sit on foam to hold them in place. We tested samples of the cushions since Christmas, on a few pews. The color was picked to compliment the new carpeting we had installed last year.

Stay tuned for more photo updates as we progress with the re-furbishing.

Mary Namit,
Church Photographer



Annual Rummage Sale & Lunch
The Ten O'Clock Church
Beavercreek United Church of Christ
23345 S Beavercreek Rd, Beaverton OR
97004

Friday & Saturday, March 6th & 7th 9 am-4 pm

Friday & Saturday, March 13th & 14th 9 am-4 pm

Vintage and collectible items along with clothes, shoes, books, housewares, bedding, seasonal decorations, toys, games, jewelry, tools, electronics, furniture, plants and much more.

The women's group will be serving a delicious lunch from 11 am - 2 pm each day. The lunch will include their famous chicken noodle soup, sandwiches and **HOMEMADE PIES!!**

Proceeds from this event support the operating expenses and missions of Beavercreek United Church of Christ.



March 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																		
<p>1</p> <p>10 am Adult Education 11 am Worship Coffee Hour: Joann Gribble & Patricia Flowers: Audrey Yoder</p>	<p>2</p> <p>7 pm AA/AO</p>	<p>3</p> <p>10 am OA b.d. Mary Bickers, Kate Daniels Clark, Grant Stanbro</p>	<p>4</p> <p>2 pm Ukulele Class @ Smyrna Deadline to RSVP for Memory Cafe</p>	<p>5</p>	<p>6</p> <p>12 noon Memory Cafe @ Smyrna</p>	<p>7</p>																																																																																																		
<p>8</p> <p>10 am Adult Education 11 am Worship Flowers: Ann & Dave Clites Coffee Hour: Women's Fellowship 2 AM Daylight Savings time begins!</p>	<p>9</p> <p>7 pm AA/AO b.d. Kaden Fisher</p>	<p>10</p> <p>10 am OA</p>	<p>11</p> <p>2 pm Ukulele Class @ Smyrna</p>	<p>12</p> <p>12 Noon Women's Fellowship b.d. Jonathan Blatchford, Ethan Boss</p>	<p>13</p> <p>b.d. Gary Peterson, Philip Sano, Irene Schriever Wedding Ann: Don & Jeannie Rogers, Ed & Kathy Robinson</p>	<p>14</p>																																																																																																		
<p>15</p> <p>10 am Adult Education 11 am Worship Days of Giving Flowers: Coffee Hour: Linda Dunn</p>	<p>16</p> <p>7 pm AA/AO Anniv: Jon & Susie Schriever b.d. Violet Humphreys, Kristin Wishon</p>	<p>17</p> <p>10 am OA 1:30 Diaconate mtg 6 pm Staff/Parish 7 pm Church Council b.d. Halaina Crispin</p>	<p>18</p> <p>2 pm Ukulele Class @ Smyrna</p>	<p>19</p> <p>b.d. Donald Hammock</p>	<p>20</p>	<p>21</p>																																																																																																		
<p>22</p> <p>10 am Adult Education 11 am Worship b.d. Katherine Holt Flowers: Jeannie Rogers Coffee Hour: Volunteer needed</p>	<p>23</p> <p>7 pm AA/AO b.d. Marina Daniels</p>	<p>24</p> <p>10 am OA</p>	<p>25</p> <p>2 pm Ukulele Class @ Smyrna</p>	<p>26</p> <p>12 Noon Women's Fellowship</p>	<p>27</p> <p>b.d. Heather Anderson</p>	<p>28</p>																																																																																																		
<p>29</p> <p>10 am Adult Education 11 am Worship Flowers: Volunteer needed Coffee Hour: Diaconate</p>	<p>30</p> <p>7 pm AA/AO b.d. Patty Gribble Wedding Ann. Paul & Audrey Yoder</p>	<p>31</p> <p>10 am OA b.d. Kristin Daniels</p>	<table border="1" style="margin: auto; border-collapse: collapse;"> <tr> <th colspan="7" style="text-align: center;">Feb 2020</th> </tr> <tr> <th style="text-align: center;">S</th> <th style="text-align: center;">M</th> <th style="text-align: center;">T</th> <th style="text-align: center;">W</th> <th style="text-align: center;">T</th> <th style="text-align: center;">F</th> <th style="text-align: center;">S</th> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td style="text-align: center;">1</td> <td></td> </tr> <tr> <td style="text-align: center;">2</td> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> <td style="text-align: center;">6</td> <td style="text-align: center;">7</td> <td style="text-align: center;">8</td> </tr> <tr> <td style="text-align: center;">9</td> <td style="text-align: center;">10</td> <td style="text-align: center;">11</td> <td style="text-align: center;">12</td> <td style="text-align: center;">13</td> <td style="text-align: center;">14</td> <td style="text-align: center;">15</td> </tr> <tr> <td style="text-align: center;">16</td> <td style="text-align: center;">17</td> <td style="text-align: center;">18</td> <td style="text-align: center;">19</td> <td style="text-align: center;">20</td> <td style="text-align: center;">21</td> <td style="text-align: center;">22</td> </tr> <tr> <td style="text-align: center;">23</td> <td style="text-align: center;">24</td> <td style="text-align: center;">25</td> <td style="text-align: center;">26</td> <td style="text-align: center;">27</td> <td style="text-align: center;">28</td> <td style="text-align: center;">29</td> </tr> </table> <table border="1" style="margin: auto; border-collapse: collapse;"> <tr> <th colspan="7" style="text-align: center;">Apr 2020</th> </tr> <tr> <th style="text-align: center;">S</th> <th style="text-align: center;">M</th> <th style="text-align: center;">T</th> <th style="text-align: center;">W</th> <th style="text-align: center;">T</th> <th style="text-align: center;">F</th> <th style="text-align: center;">S</th> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td style="text-align: center;">1</td> <td style="text-align: center;">2</td> </tr> <tr> <td style="text-align: center;">3</td> <td style="text-align: center;">4</td> <td style="text-align: center;">5</td> <td style="text-align: center;">6</td> <td style="text-align: center;">7</td> <td style="text-align: center;">8</td> <td style="text-align: center;">9</td> </tr> <tr> <td style="text-align: center;">10</td> <td style="text-align: center;">11</td> <td style="text-align: center;">12</td> <td style="text-align: center;">13</td> <td style="text-align: center;">14</td> <td style="text-align: center;">15</td> <td style="text-align: center;">16</td> </tr> <tr> <td style="text-align: center;">17</td> <td style="text-align: center;">18</td> <td style="text-align: center;">19</td> <td style="text-align: center;">20</td> <td style="text-align: center;">21</td> <td style="text-align: center;">22</td> <td style="text-align: center;">23</td> </tr> <tr> <td style="text-align: center;">24</td> <td style="text-align: center;">25</td> <td style="text-align: center;">26</td> <td style="text-align: center;">27</td> <td style="text-align: center;">28</td> <td style="text-align: center;">29</td> <td style="text-align: center;">30</td> </tr> </table>				Feb 2020							S	M	T	W	T	F	S						1		2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	Apr 2020							S	M	T	W	T	F	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30
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Please hold in prayer:

Paul Burkert
Rod and Pat Bullard
Virginia Yoder
Asa and Ione Jenson
Dorothy Krebs
Ethel Henderson
Vonda Stoneking
Blanche Kober
Beryl and Dan Fisher
and all who have been mentioned at church.



If you know anyone who should be on the prayer list in the Behold, please let Jeannie or Elaine know. If they would enjoy receiving cards notify someone in the Diaconate.

Answer to puzzle:

Answer: "As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night will never cease." Genesis 8:22, NIV

Mission Statement

Smyrna United Church of Christ is striving to be:

- A place of peace, where we offer to all an extravagant welcome wherever you are in your life journey regardless of your ethnicity, marital status, religion, gender, race, age, disability, national origin, or sexual orientation, and where we teach the stories of God's love and call on our lives.
- A spiritual haven, where we accept and care for all people and God's creation in an outreach of grace.
- A lighthouse of God's compassion, where worship, teaching, learning and spiritual growth take place in community, powered by thought and action.
- A Christian people, working for God's realm in ecumenical harmony with other people of faith and conviction.