

BEHOLD! SMYRNA

November 2025



UNITED CHURCH
OF CHRIST

Dear Smyrna Folks,

I'm really excited about two new ways to gather that we are creating together in November. First, having finally graduated from yoga training, I'm looking forward to offering a yoga class for those who are interested. This will be gentle yoga, with options for people who are interested in both being on the floor and in chairs. As I have told you before, one of my interests is helping people who don't consider themselves to be people in "yoga bodies" to have a doorway to this ancient and healing practice. We'll begin our time with some breathing and meditation. Yoga itself as we will do it during this time is a series of gentle stretching exercises. If you have never tried yoga before, or if you are very experienced, feel free to come! We'll meet at Friendship House on Wednesdays at 12:30 pm.



Second, we will start another new gathering on the second and fourth Fridays of the month for young adults ages 16 to 21. This new adventure is called Meaning Maker. We will be in our time together with some spiritual reflection using as our guides scripture or other sacred writing either modern or ancient. Then there will be time for crafting together and, of course, we will also eat together. If you have a young person in your life, who's interested in exploring life's deeper questions and also being in community with other people their own age, please put them in touch with me or let them know about this.

Blessings,
Jennifer

Ministers: All members of the church
Minister: Rev. Jennifer Garrison
Editor: Jeannie Rogers Asst. Editor: Elaine Daniels
Church Phone (503) 651-2131
email: smyrnaucc@canby.com
Website: www.smyrna-ucc.org
31119 S. Highway 170, Canby, OR 97013





Sunday, November 2 is All Saints Sunday. Please bring a photo or memento of a loved one for the altar that day.



Memory Cafe is **Thursday, November 6 at noon**. After a healthy and delicious lunch, we will hear from Clackamas River Basin Council employee Dakota. She will tell us about the effort to continue to keep our rivers alive and well. Please come with your questions, concerns and ideas about our natural world.



Art and Soul

Art and soul is a beautiful couple hours spent sharing and creating in Smyrna's Friendship House. Join us at **10:30 am on Saturday, November 8**. We will learn the ancient Japanese art of Orizomegami — folding and dying various types and shapes of paper into colorful patterns.

500 POUNDS - CAN WE DO IT? - Of course we CAN!

We are at 20 pounds and have several weeks to go. (THE FIRST 20 POUNDS IS ALWAYS THE HARDEST — I think that is for weight loss but oh well, it fits....) THANK YOU FOR THE FIRST 20!!!!

The need for food boxes has not diminished, and our donations will make a difference to children and families that need food?

For now, we are focused on canned foods, chili, tuna, beans, vegetables. And 2-5 pounds bags of rice, dried beans, and boxes of breakfast cereal or other quick fix breakfast dried goods like instant oatmeal packages. Just add water Mac and Cheese and Ramen, applesauce, and pudding cups are treats rather than meals. PEANUT BUTTER AND JELLY (Commercial Brands), instant coffee and teas for grown ups. Juice boxes are also nice for the kids.

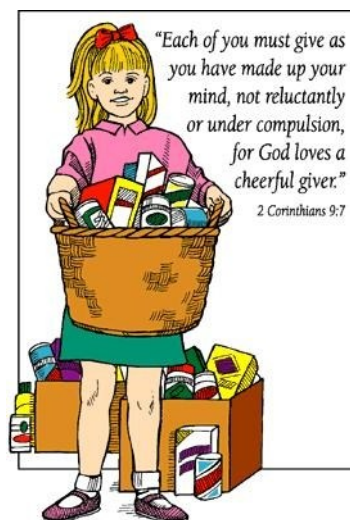
SHOPPING TIPS:

1. Watch the ads — "Get 2 for the price of 1" sales are always helpful! BOGO (buy one get one)
2. Look at Grocery Outlets in Canby and Molalla, and Megafoods in Woodburn - great savings on everyday items can be found there!
3. Also BIMART has good prices on food!

If you get the paper and see a sale on the items on our list (above) let me know at 503.320.5427 and I will send a message to everyone letting them know.

THANK YOU FOR HELPING FILL HEARTS AND BELLIES!!!!

Love,
Mission and Outreach Committee



Women's Fellowship Community Lunch

Join us at **noon on 13th of November**, for a meal with all the trimmings of a Thanksgiving dinner. This will be the only Women's Fellowship lunch in November, don't miss it!



Parking Lot Repair

We had cars using our parking lot to cut "doughnuts" deep in the new gravel.

So Paul rigged up metal system which Mary drug around ...and around ... to smooth out the ruts and gravel like a Zamboni on ice!

Meanwhile, Fall spread its colors over the trees in and around Smyrna's Cemetery.



There was another great gathering for Art and Soul In October. We remembered our ancestors and created a memorial candle to take home.

LONELY? Medical issues? Need Help?

Please visit the Smyrna Resource page. On Smyrna's website, www.smyrna-ucc.org, just click the Resource tab



Women's Fellowship Bazaar

Smyrna Women's Fellowship is holding their annual Bazaar on **November 29, 2025, from 10:00 AM to 4:00 PM**. Plan to come and join in to purchase the Fall items and treats which will be for sale.

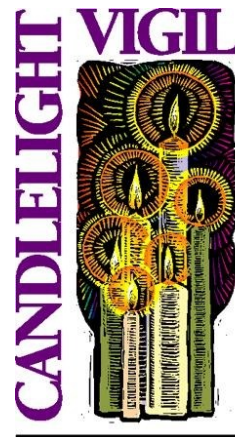
We are also in the possession of a quilt which was pieced together by Virginia Yoder and daughter Twylia Blatchford. Our own group of quilters did the finish work consisting of stitching by hand after adding the back piece and filler. The quilt which is queen size will be available for purchase by submitting a bid.

Starting bids will begin at \$900. If there are questions, please call Barbara at 503-390-4686.



5th Sunday Open Mic
at Smyrna!
4 pm
Sunday,
November 30
It was so much fun
last time,
let's do it again!
Bring your
instruments,
readings, voices,
and jokes for an
informal afternoon
of sharing.

Transgender Day of Remembrance Vigil — Thursday, November 20, 6-7 pm.



We will light candles and remember our transgender siblings whose lives have been lost to violence in the past year.

Transgender Day of Remembrance (TDOR) is an annual observance on November 20 that honors the memory of the transgender people whose lives were lost in acts of anti-transgender violence.

Transgender Day of Remembrance (TDOR) was started in 1999 by transgender advocate Gwendolyn Ann Smith as a vigil to honor the memory of Rita Hester, a transgender woman who was killed in 1998. The vigil commemorated all the transgender people lost to violence since Rita Hester's death, and began an important tradition that has become the annual Transgender Day of Remembrance.

"Transgender Day of Remembrance seeks to highlight the losses we face due to anti-transgender bigotry and violence. I am no stranger to the need to fight for our rights, and the right to simply exist is first and foremost. With so many seeking to erase transgender people — sometimes in the most brutal ways possible — it is vitally important that those we lose are remembered, and that we continue to fight for justice."

— Transgender Day of Remembrance founder [Gwendolyn Ann Smith](#)

**No matter who you are,
or where you are on life's
journey, we welcome
you.**



- Paul and Mary Ashton
- Barack Holt and Family
- Anne Stronko and Roger Marin
- The Crispin Family
- Murlene Liechty
- John Farrell (Janet Bess' brother)
- Christine Albright
- Winter Pebley
- Jeannie Rogers' brothers, Steven and John



If you know anyone who should be on the prayer list in the Behold, please let Jeannie or Elaine know. If they would enjoy receiving cards notify someone in the Diaconate.

Mission Statement

Smyrna United Church of Christ is striving to be:

- ♦ A place of peace, where we offer to all an extravagant welcome wherever you are in your life journey regardless of your ethnicity, marital status, religion, gender, race, age, disability, national origin, or sexual orientation, and where we teach the stories of God's love and call on our lives.
- ♦ A spiritual haven, where we accept and care for all people and God's creation in an outreach of grace.
- ♦ A lighthouse of God's compassion, where worship, teaching, learning and spiritual growth take place in community, powered by thought and action.
- ♦ A Christian people, working for God's realm in ecumenical harmony with other people of faith and conviction.

Smyrna Church

November 2025

Nov 2025 (Pacific Time - Los Angeles)

Smyrna Church **NOVEMBER 2025** Nov 2025 (Pacific Time - Los Angeles)

Smyrna Church **NOVEMBER 2025** Nov 2025 (Pacific Time - Los Angeles)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1
						11am - Trunk or Treat/Day of
2	3	4	5	6	7	8
CH: Mission & Outreach 10:30am - SS: Jeannie 10:30am - Worship	BD: Arlene H BD: John P BD: Melissa L 7pm - AA/AO Meeting	10am - Office hours 7pm - Diaconate @ zoom	BD: Mary N 12:30pm - Gentle Yoga 2pm - Bible Study @ https:	10am - Office hours 12pm - Memory Cafe	BD: Karen P 6:30pm - Meaning Makers	10:30am - Art and Soul @ 12pm - Camp Adams Alumni
9	10	11	12	13	14	15
BD: Katy B CH: Christian Education Cookie Bake-Off 10:30am - SS: Joshua & 10:30am - Worship	7pm - AA/AO Meeting	10am - Office hours	12:30pm - Gentle Yoga 2pm - Bible Study @ https:	10am - Office hours 12pm - W. F. Luncheon	1pm - Bell Practice	BD: Evan R
16	17	18	19	20	21	22
BD: Pastor Cat A CH: Womens Fellowship 10:30am - SS: Debi 10:30am - Worship	7pm - AA/AO Meeting	BD: Adam W 10am - Office hours	12:30pm - Gentle Yoga 2pm - Bible Study @ https:	BD: Joel D 10am - Office hours 6pm - Trans Day of 7pm - Church Council Meeting		
23	24	25	26	27	28	29
Thanksgiving In Gathering for 10:30am - SS: Rebekah 10:30am - Worship	7pm - AA/AO Meeting	10am - Office hours	12:30pm - Gentle Yoga 2pm - Bible Study @ https:	Thanksgiving Day		BD: Deborah H BD: Steve P WF Bazaar 10am-4pm
30	1	2	3	4	5	6
Advent Sunday BD: Janet F BD: Rick G CH: Diaconate Team A SS: Play Day 10:30am - Worship 4pm - Open Mic Night						